# A NEW PERSPECTIVE ON RETIREMENT INCOME PLANNING 

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## Trends in Income Before and After Retirement

Pre- and Post-Retirement Income at 75 Percentile


# How concerned are you that you will run out of retirement savings in old age? 



## Balancing Desire for Return with Safety

Rate of return most important to only $22 \%$ of older respondents

What is most important to you when thinking about your retirement savings?


I would feel uncomfortable spending more than my income in retirement.


## Where the 4\% Rule Comes From



## How the 4\% Rule Deals with Unknowns

- Don't know future asset returns
- Base on historical U.S. returns
- Don't know how long you'll live
- Use a 30 year time horizon
- Don't know how much you'll spend
- Assume constant inflation-adjusted spending


## An Illustration of 4\% Rule Assumptions



## Assumption 1

## 30-Year Retirement Life Cycle

Q: How long am I going to live?
A: Who knows? But probably longer than you think.

## Remaining Life Expectancy at At 65, 1950-2009

-~Male $\rightarrow$-Female


## Wealthier People Tend to Live Longer

Change in average additional life expectancy (in years) at age 55, by wealth, between cohorts born in 1920 and 1940


## Some Perspective on Probabilities

Probability of a 65 -year-old living to age 95 , based on different mortality tables.


Idiosyncratic Longevity Risk Joint Mortality 2012 SOA Table


## Assumption 2: <br> We Can Use Historical Asset Returns

Ibbotson ${ }^{\circledR}$ SBBI ${ }^{\circledR}$
Stocks, Bonds, Bills, and Inflation 1926-2013


Past performacice is no guarantee of future results. Hypothetical value of $\$ 1$ invested at the beginning of 1926 . Assumes reinvestment of income
and no transaction costs or taxes. This is for illustrative purposes only and not indicative of any investment. An investment cannot be made directly in an
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## Return Generating Process Risk

- All we've got are past returns
- Is the past relevant?
- What are returns anyway?


## Assets Needed to Support \$1,000 of Income

Dividend and coupon yield on 50/50 stock bond portfolio


Future Value of $\$ 1$ Invested for 20 Years


[^0]Equities - Shiller Price/10-year trailing earnings



## What Does Current P/E Imply?

Results For S\&P 500 From Different Starting Shiller P/Es 1926-2012

| Starting P/E |  | Avg. Real | Worst Real | Best Real | Standard |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Low | High | 10 Yr Return | 10 Yr Return | 10 Yr Return | Deviation |
| 5.2 | 9.6 | 10.3\% | 4.8\% | 17.5\% | 2.5\% |
| 9.6 | 10.8 | 10.4\% | 3.8\% | 17.0\% | 3.5\% |
| 10.8 | 11.9 | 10.4\% | 2.8\% | 15.1\% | 3.3\% |
| 11.9 | 13.8 | 9.1\% | 1.2\% | 14.3\% | 3.8\% |
| 13.8 | 15.7 | 8.0\% | -0.9\% | 15.1\% | 4.6\% |
| 15.7 | 17.3 | 5.6\% | -2.3\% | 15.1\% | 5.0\% |
| 17.3 | 18.9 | 5.3\% | -3.9\% | 13.8\% | 5.1\% |
| 18.9 | 21.1 | 3.9\% | -3.2\% | 9.9\% | 3.9\% |
| 21.1 | 25.1 | 0.9\% | -4.4\% | 8.3\% | 3.8\% |
| 25.1 | 46.1 | 0.5\% | -6.1\% | 6.3\% | 3.6\% |

Figure 1: 10-Year Government Bond Yields (\%)


Sources: National Central Banks, Haver Analytics
BROOKINGS

## Cost of Real \$1 Annuity Income Has Doubled Since 1982



## Savings Rate Needed to Smooth Spending



## Using Portfolios to Fund Retirement Income: Deterministic vs. Stochastic

Deterministic - You know exactly how many years of inflationadjusted income you can buy with TIPS.

- Real interest rate, annual spending determine when you run out of money
Stochastic - unknown variance in bond returns (inflation, risk premium) and real stock returns
- Real risk premium on equities and bonds = higher or lower potential portfolio size than with TIPS
- Sequence of returns matters


## Using Treasury Inflation-Protected Securities (TIPS) or Bonds to Buy Income (1\% Real Return)



How would you describe your change in attitude towards risk over the past year?


## Using Risky Investments in Retirement

Hypothetical Example: 50/50 Chance of -20\% or 35\% (7.5\% Average)


## Simulating Retirement Outcomes



The Cone of Retirement Outcomes


Achieving growth and income through dividend stocks
, Why not seek high dividend income with upside potential?
, Example:
, VYM (Vanguard high dividend yield ETF)
, Yield = $3.5 \%$

## A reminder about dividend stocks



Dividend tax drag about 20 bps per year
, Dividend: $\quad \$ 96.5+\$ 3.5$ dividend taxed at $15 \%=\$ 2.98=\$ 99.48$
, Non-dividend: \$100
, Both grow by $5 \%$ next year
, Dividend: \$99.48 * 1.05 = \$104.45
, Non-dividend: \$100 * 1.05 = \$105
, Or you can take dividend to fund spending..
, But you could have just sold $\$ 3.5$ worth of non-dividend fund (synthetic dividends)

## Volatility is real

VYM - High Dividend Yield Vanguard ETF - Daily OHLC Chart


## Income from dividend stocks?



## Getting more income from savings

-1) Tax efficient withdrawals

- 2) Longevity risk pooling


## Failure rates of withdrawing \$40,000 plus inflation from \$1 million intermediate bond investment at $32 \%$ tax rate



Holy crap - what if I had $\$ 1.25$ million in 401(k)?


## What about $\$ 1,471$ in a $401(\mathrm{k})$ ?



## \$ Needed to fund 4\% rule at 90\% success rate at 35\% MTR



Assumes random intermediate-term future bond returns mean 4\%, random inflation with mean 2.25\%

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## Best Practices in Distribution Planning

- Principle \#1
- If tax rate is constant, it doesn't matter if you withdraw from Roth or Traditional IRA first
- Caveat - tax rates are progressive and could go up (suggests Traditional first)
- Goal is to minimize average marginal taxes paid on Traditional IRA - Pay close attention to tax brackets and fill them with Traditional


## Principle \#2

- Always prioritize spending from taxable money
- Taxes erode expected return from deferred compounding
- Never spend Roth before exhausting taxable


## Principle \#3

- When spending money from stocks, always start with lots that have the smallest basis (last in, first out)
 accounts from 1987-1993 including 162,948 trades.
In any one year...
What share of losing stocks were sold?
What share of winning stocks were sold?
 accounts from 1987-1993 including 162,948 trades.
In any one year...
What share of losing stocks were sold? ©.8\%
What share of winning stocks were sold? 74ヶ.02\%


## Principle \#4

- Don't forget about RMDs
- Need to estimate whether RMDs will put you into a higher future tax bracket when estimating whether to take money out of Traditional accounts before 70.5
- When in doubt, fill up those lower tax brackets with Traditional withdrawals before RMDs kick in
- Consider spending from taxable investments to convert Traditional to Roth


## Benefit from better withdrawals

## DRAWDOWN SEQUENCE:

TAXABLE ACCOUNTS, TDA, AND TEA

| Strategy |  | Phase 1 | Phase 2 | Phase 3 | Longevity (years) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Naïve | \#1 | TEA | TDA | Taxable | 30 |
|  | \#2 | Taxable | TDA | TEA | 33.2 |
| $\begin{aligned} & \text { 흘 } \\ & \stackrel{y}{5} \\ & \stackrel{0}{E} \end{aligned}$ | TDA - Fill "low" tax bracket |  |  |  | 34.4 |
|  | \#1 | Taxable - Supplement | TEA - Supplement |  |  |
|  | \#2 | Taxable | TDA - Fill "low" tax bracket |  | 35.5 |
|  |  | TDA conversion - Fill "low" tax bracket | TEA - Supplement |  |  |
|  | \#3 | Taxable | TEA | TDA - Fill "low" tax bracket | 36.2 |
|  |  | $1^{\text {st }}$ TDA conversion - Fill "low" bracket <br> $2^{\text {nd }}$ TDA conversion - Fill "low" bracket Re-characterize the lower-valued conversion |  | TEA |  |

Horan, 2016

Benefit of Annuitization by Age


## Cost of Bond Ladder Income vs. Annuity



Cannex Annual Income Quotes for 65 Year Old Couple (Joint) Cash Refund Option at \$100,000

| Financial Institution | Anvual <br> Income | Anvual <br> Taxable <br> Portion |
| :--- | :---: | :---: |
| The Lincoln National Life | $\$ 5,254.59$ | $\$ 1,529.09$ |
| Insurance Company |  |  |$\quad \$ 5,230.59 \quad \$ 1,506.41$



## Or Buy a Deferred Income Annuity

- Cost of $\$ 44,623$ starting at age 85 for a male?
- \$130,000 at age 65, return of premium option
- Or pay $\$ 303,785$ at age 65 to build a bond ladder to age 100
- $4 \%$ of men will still outlive their bond ladder!
- DIA protects against tail longevity risk
- And is much more efficient at funding later-life income


## Making DIAs More Efficient: The QLAC

- Qualified Longevity Annuity Contract
- Use up to $\$ 130,000$ (or $25 \%$ ) of IRA assets to purchase a DIA
- Avoid RMDs on $\$ 130 k$, taxed on income when DIA begins
- Assets within DIA wrapper grow tax free between 70.5 and when the income begins



## Thank You.

To learn more about the Retirement Income Certified Professional ${ }^{\circledR}$ (RICP ${ }^{\circledR}$ ) designation, please visit TheAmericanCollege.edu/RICP


[^0]:    Source: Ibbotson Morningstar 1926-1997 historical US Asset Returns

